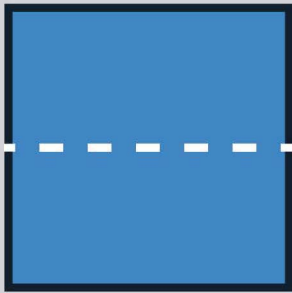


MANERA PA BU FASI BU PROPRI KOBERTURA DI KARA

KEL E INSTRUSON PA BU FASI UM KOBERTURA DI KARA KU UM FITA OU UM KAXIKOL:



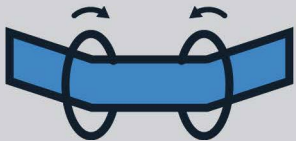
PASU 1
Dobra kaxikol na metadi



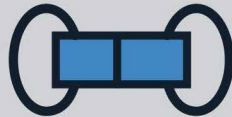
PASU 2
Dobrar kaxikol na 3 parti



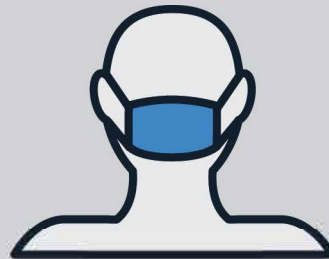
PASU 3
Kuloka ilástiku na kada
estremidadi, ku un suparason
di pertu di 15 cm



PASU 4
Dobra ladu pa meitu e bu enfia



PASU 5
Sugura máskara ku ilástiku e
kuloka-l sobri bo nariz ku boca



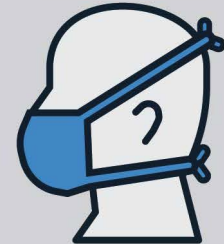
KEL E INSTRUSON PA BU FASI UM KOBERTURA DI KARA KU UM T-SHIRT:



PASU 1
Korta parti di baxu di un kamiza, ku pertu di
16 pa 20 cm de altura



PASU 2
Korta um parti di 13 pa 15 cm, e dipos korta
kel korda



PASU 3
Bu mara korda na redor di topo di bo
kabesa e di bo peskosu