

Ka hortaga ka Dhicida Daaqada

Amaanka Daaqada
Ilmaha & Macluumaadka
Ilaalinta Daaqada

Ka dhicida waa sababta ugu weyn ee dhaawaca caruurta da'doodu ah 5 iyo ka yar. Ka dhicida daaqada waxay keeni kartaa dhaawac halis ah, laakiinse waa laga hortagi karaa

Deegaanka Boston waxay ka heli karaan ilaaliyeyaasha daaqada ee qiimaha-jaban:



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Boston Public Health Commission

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Talooyinka Amaanka Daaqada

1. Ku rakibidda guryaha ilaaliyeyaasha daaqada waa ikhtiyaari. Qoysaska leh caruurta da'doodu tahay 10 jir ama ka yar waa inay weyddiyaan mulkiilaha gurigooda inay ku rakibi karaan.
2. Quful dhammaan albaabyada iyo daaqadaha xirans, iyo marwalba kormeer caruurta jooga agagaarka daaqadaha furan.
3. Ku hay alaabaha ama wixii uu ilmuhu fuuli karo meel ka fog daaqadaha, iyo ka fur daaqada xaga sare ee ha ka furin xaga hoose.
4. Shabaqa daaqada wuxuu celiyaa cayayaanka, iyo looma sameyn inay caruunta gudaha ku hayaan .
5. Rakibidda amaanka daaqada waxaa loogu talin dhammaan daaqadaha ka sareeya daabaqa koobaad, iyo daabaqa koobaad haddii ay daaqadu ka sareyso 12 feet dhulka.
6. Ku rakib ilaaliyeyaasha daaqada marka ay caruurta joogaan guriga wakhtiyada ugu badan.

CONTACT US



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