



# AGE-FRIENDLY BOSTON ACTION PLAN

## At a Glance

“ We are dedicated to making Boston the best city in the world for older adults. We keep this goal in mind with every planning effort we embark on, and we share a responsibility to ensure opportunities reach everyone in our city, across all ages and abilities. ”

-Mayor Martin J. Walsh

### What is the Age-Friendly Action Plan?

What does it mean to be an age-friendly city? It means a city that adapts its structures and services to be accessible and inclusive to residents of all ages and abilities. The Age-Friendly Boston Action Plan is our city’s blueprint to make Boston the best city to live and age in. The plan details 75 concrete action items the City will take to become even more age friendly.

### Intersecting Initiatives

The Age-Friendly Action Plan is part of comprehensive planning efforts on the part of the City and will be integrated into the other processes. These plans are re-enforcing and reflecting each other where there is synergy.

### Our Philosophy and Process

The age-friendly process has been a grassroots effort and a bottom-up approach. Our action items came directly out of the diverse voices from Boston’s neighborhoods, ages 50 and over. Since this is a three-year Action Plan, we have included action items that we are confident can be completed within this time with interdepartmental support and community partners. We will continue to refine and build on other ideas generated through this process.

### Domains and Topics of Interest

The Action Plan touches on topics of significant impact, such as dementia, economic insecurity, and social isolation. Action items fall under **8 key domains**:



Housing



Civic Engagement/Employment



Transportation



Social Participation



Outdoor Spaces & Buildings



Respect and Social Inclusion



Community Supports/  
Health Services



Communications/  
Information

### Now is the Time

The Age-Friendly Action Plan challenges all of us—public agencies, private sectors, cultural institutions—to think differently about aging. We believe Boston is and will continue to be a city for all ages.

## By the Numbers:

5 year process to become Age-Friendly

30 listening sessions in 4 languages

23 neighborhoods engaged across the City

70 organizations participated

3,700 survey responses in 6 languages

4,000+ voices of older adults represented

75 action items developed

## Our Partners:

UMass Boston

AARP

Tufts Health Plan Foundation